

## Texas Medicaid Waiver Programs

Medicaid home and community based waiver programs provide services and support to persons with mental disabilities who live in their own home or their family's home or in other home-like settings in the community. They are called *waivers* because certain ICF/MR (Intermediate Care Facility/Mental Retardation) requirements are "waived". In most situations an individual who is eligible for the ICF/MR Program is also eligible to participate in one of the waiver programs. An important distinguishing feature of funding provided in the waiver programs is the funding ability to move with the individual to any part of the state. For example, if an individual enrolled in a waiver program in Houston, then moves to El Paso, he or she can continue to participate in the waiver program in El Paso. An individual also can change providers within the same city or area of the state.

Public or private entities may provide waiver program services and supports.

### HOME AND COMMUNITY BASED SERVICES (HCS) PROGRAM:

The HCS program provides services to individuals with mental retardation of all ages who live with their family, in their own home, in a foster/companion care setting, or in a residence with no more than four individuals who also receive services. HCS has a lengthy interest list.

### COMMUNITY LIVING ASSISTANCE AND SUPPORT SERVICES (CLASS) Program:

The CLASS Program provides home and community based services to both children and adults with a related condition, which is a disability, other than mental retardation, that originated before age 22 and that affects the ability to function in daily life. Services include respite, nursing services, adaptive aids and medical supplies, minor home modifications, case management, and other related services, offering a cost-effective alternative to an ICF/MR. CLASS is available only in certain geographic areas in the state. CLASS has a lengthy interest list.

### COMMUNITY BASED ALTERNATIVES (CBS) PROGRAM:

CBA provides home and community based services to aged and disabled adults (21 years of age or older) as a cost-effective alternative to institutional care in a nursing facility. Services include respite, nursing services, adaptive aids and medical supplies, minor home modifications, home delivered meals, adult foster care, assisted living/residential care services, emergency response services, prescription drugs, case management, and other related services. CBA has a lengthy interest list.

### DEAF-BLIND MULTIPLE DISABILITIES PROGRAM:

Serves adults (18 years of age and older) who are deaf and blind and who have another disability that has resulted in a demonstrated need for daily habilitation services. The program is provided statewide as a cost-effective alternative to ICF/MR institutional placement. Services include adaptive aids and medical supplies, assisted living (in settings that serve no more than individuals), behavior communication services, case management, habilitation, minor home modifications, respite, nursing services, prescription drugs and other related therapies. This program has a short interest list.

### THE MDCP (MEDICALLY DEPENDENT CHILDREN'S PROGRAM) MEDICAID WAIVER:

This is for individuals under age 21. MDCP has a lengthy interest list.

Reference: Explanation of Services and Supports – [www.dads.state.tx.us](http://www.dads.state.tx.us).

**When calling the numbers below, just say *"I want to be placed on the Medicaid Waiver Program List For Home and Community Based Services."* They will help you from there.**

**HCS CONTACT LIST**

**Dallas County:**

**Dallas MetroCare Services  
1353 N. Westmoreland, Cottage 1  
Dallas 75211  
214-333-7000**

**Collin County:**

**Lifepath Systems  
104 N. Cedar St.  
Allen 75002  
972-727-9133**

**Tarrant County:**

**MHMR of Tarrant County  
1300 Circle Dr.  
Ft. Worth 76119  
817-569-4140**

**Denton County:**

**Denton County MHMR Center  
2519 Scripture  
P.O. Box 2346  
Denton 76202  
940-565-5249**

**When calling the numbers below, simply say *"I want to be placed on the Medicaid Waiver Program List for Class/MDCP/CBA.* They will help you from there. You can be on more than one of these lists – depending on your child's disability.**

**CLASS – Community Living Assistance and Support Services Program  
1-877-438-5658**

**MDCP - Medically Dependent Children Program  
1-877-438-5658**

**Deaf Blind/Multiple Disability Program  
1-512-438-2622**